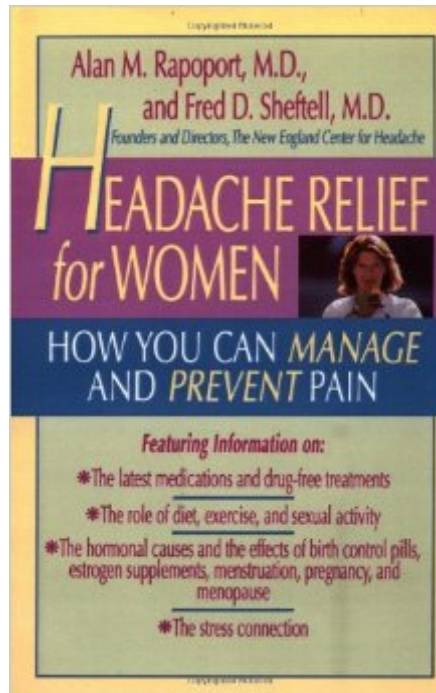


The book was found

Headache Relief For Women: How You Can Manage And Prevent Pain



Synopsis

In the only book that exclusively addresses women's headache pain, two noted headache specialists dispel the mysteries of migraine and other headaches and offer a full spectrum of pain-management techniques, ranging from nutritional to pharmacological.

Book Information

Paperback: 256 pages

Publisher: Little, Brown and Company; English Language edition (January 1, 1996)

Language: English

ISBN-10: 0316733911

ISBN-13: 978-0316733915

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #2,245,004 in Books (See Top 100 in Books) #50 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #1402 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #1827 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Pain Management

Customer Reviews

After checking this book out of the library several times, I am finally buying it. I have found it to one of the best books of migraine I have read. The authors recognize the great extent to which migraine can affect people's lives. They offer up-to-date and useful information on how to deal with this serious malady, including both drug and drug-free approaches.

This book was so informative. I learned so much about my pain from this book. I have read countless books on migraine but this was is the best. It details so many causes that most doctors never mention.

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Naturally Sinusitis Relief FAST: Top effective home remedies to instantly stop sinus infection: - A quick read and easy steps for headache relief & nasal treatment - Simple treatments guarantee Foot Pain: Ingrown Toenail: How To Become Stress Free And Easily Cure This Nasty Nail Disease Today From The Comfort Of Your Own Home (Foot Pain, Foot Problems, Foot Pain Relief, Foot Reflexology) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Freedom from Pain: The Breakthrough Method of Pain Relief Based on the New York Pain Treatment Program at Lenox Hill Hospital Stop Your Neck Pain And Headache Now: Fast and Safe Relief in Minutes Proven Effective for Thousands of Patients Prevent Wind Diseases: DIY Cure Stiff-Neck Pain, Migraine Headache, Edema, and Brain Tumor Joint Pain No More: How to Effectively Eliminate Pain and ease your Aches! (Pain Management, Muscle Pain, sports injury) Wrist Pain, Neck Pain - Lower Back Pain - Should Treatments Be Focussed Only To The Area That Hurts?: A Comfortable Healthy Sleep Without Neck Pain And ... Neck Pillow, (Children health care Book 1) Kidney Stones: How To Treat Kidney Stones: How To Prevent Kidney Stones (Kidney Stone Treatment & Prevention Guide With All Natural & Medical Solutions To Remedy Pain Or Prevent In The First Place) Headache Pathogenesis: Monoamines, Neuropeptides, Purines, and Nitric Oxide (Frontiers in Headache Research Series) Don't Let Your Headache Ruin Your Sex Life: "Honey, I Don't Have a Headache Tonight" Back Pain: Alleviate Back Pain and Start Healing Today (Simple Exercises, Remedies, and Therapy for Immediate Relief) The Tapping Solution for Pain Relief: A Step-by-Step Guide to Reducing and Eliminating Chronic Pain The Back Pain Book: A Self-Help Guide for the Daily Relief of Neck and Low Back Pain Yoga for Pain Relief: Simple Practices to Calm Your Mind and Heal Your Chronic Pain (The New Harbinger Whole-Body Healing Series) 3 Minutes to a Pain-Free Life: The Groundbreaking Program for Total Body Pain Prevention and Rapid Relief How To Get Out Of Back, Pain Insider Secrets To Back Pain Relief, Engage Your M

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